#### When is payment required?

Payment is due in full when scheduling your procedure.

#### **Expected results**

Activity modification will be recommended at time of your procedure.

Although recovery times can vary, patients generally begin to see improvement in pain and mobility after 4-6 weeks. Improvement may continue for up to 6 months, although responses may vary.

## At what office location is the procedure performed?

Due to equipment location, PRP is available at our North Syracuse office located at 5496 East Taft Road.

For more information please visit us at www.nyspineandwellness.com or call us at 315-245-8117.



It is the policy of NYSWC not to discriminate on the basis of race, color, national origin, sex, age or disability. NYSWC has adopted an internal grievance procedure providing for prompt and equitable resolution of complaints alleging any action prohibited by Section 1557 of the Affordable Care Act (42 U.S.C. § 18116).



# Regenerative Medicine



### Platelet Rich Plasma Injection

Feel Better...Live Better



#### **Regenerative Medicine**

Healing after an injury involves a complex series of actions where proteins in the blood act as messengers to regulate the entire process. The proteins are found in your platelets. Platelets are involved in the healing process.

Platelets are small, colorless cell fragments present in the blood. They are formed in the bone marrow and are freely passing through the blood stream in a resting state.

When an injury occurs, your platelets become activated and start to gather at the injury site to release beneficial proteins called growth factors. This is the beginning of the healing process.

Regenerative medicine therapy has been effective in wound care and pain treatment. Traditionally this treatment has been used to stimulate healing of tendon, ligament, bursa, and joint injuries including shoulder, elbow, hip, knee and osteoarthritis.

#### What is Platelet Rich Plasma (PRP)?

PRP is a concentration of your own platelets and growth factors created from a small amount of your own blood. Increased levels of growth factors have the potential to improve healing and allow for regeneration.

#### Am I a candidate for treatment?

Living with acute or chronic pain is a daily struggle and finding relief can be challenging. We are here for you.

Speak with your provider and ask if this treatment is right for you. Your provider will perform an examination to decide if this therapy will benefit you. If you're taking anti-inflammatory medications, your provider will temporarily discontinue the use of these until sometime after your treatment.

**Step 1** A small sample of your blood is drawn and collected into a special device.

**Step 2** The special device is then centrifuged at a high speed to isolate the purest PRP.

**Step 3** Once the PRP has been isolated it is ready to be injected into your affected site.

## What are the risks associated with this treatment?

Platelet therapy uses your body's own natural properties to treat your injury. Side-effects from utilizing platelet treatments are very uncommon.

#### Will my insurance cover this procedure?

Regenerative Medicine includes the cutting edge therapy of Platelet Rich Plasma (PRP) which is currently not covered by insurance. Although many patients have seen positive results, this new therapy is still considered experimental.

## Get back to the things you love!