

### What is a Functional Capacity Exam?

- ◇ A Functional Capacity Evaluation (FCE) is a complete evaluation designed to document a person's physical performance ability.

### It may be requested for many reasons:

- ◇ To assess your ability to return to a previous job following a surgery or an injury.
- ◇ To provide job modification recommendations or reasonable accommodations.
- ◇ To establish criteria for a safe return to work in a new job or career field .
- ◇ To assist with determination of disability rating.

### Who performs FCE's?

- ◇ Generally the exam is done by a registered physical therapist.

### How long will the FCE take?

- ◇ It may take upwards of **4 hours** to complete.

### Components of a FCE include, but are not limited to:

- ◇ Your medical history and your history of present illness.
- ◇ Total Body orthopedic evaluation.
- ◇ Pain and disability questionnaires.
- ◇ Cardiovascular evaluation.
- ◇ General strength evaluation.
- ◇ Ability to perform specific activities and tasks associated with work related job requirements and activities of daily living.
- ◇ Large and fine motor skill assessment.

### Will my insurance cover the cost of the FCE?

- ◇ If you are looking to return to work **and** your injury or disability is work related , in most cases Worker's Compensation will cover the cost .
- ◇ Most other insurers **will not** cover the cost. The fee is your responsibility. the cost is \$600 (on average).
- ◇ Payment is often required upfront to secure an appointment since the exam takes 4 hours.

**Please contact your nearest  
Physical Therapist for further details.**

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# Functional Capacity Exam



**Feel Better...Live Better**